Co-curriculum Activities Programme
Mission Statement

The Rockhampton Grammar School has a long and proud history of Co-curricular activities. The School provides extensive facilities designed to complement and balance the Curriculum by encouraging participation, team-work, self-confidence and creativity.

The Co-curriculum Programme aims to develop students’ skills and to fulfill their potential for intelligent performance while providing the opportunity to participate and enjoy a vast array of activities. The programme caters for all levels of ability in an attempt to assist students with developing a well balanced and healthy lifestyle.

Students are the focus of the Co-curriculum programme with leadership opportunities offered in each activity. These leadership roles assumed by students in many of these activities contribute to academic success and significant personal development.
The Rockhampton Grammar School’s Co-curriculum Activity Programme incorporates both Core and Endorsed Activities.

Each Core Activity and Endorsed Activity is appointed a Teacher-In-Charge (TIC) and Captains and/or Vice Captains, where appropriate, to assist in overseeing the successful organisation of each activity.

A Co-curriculum Expo held in Term 1 introduces new Secondary School students to the different programmes available.

Some Co-curricular activities have a registration fee to cover the basic costs of that particular activity.

**Core Activities**
- Cadets
- Duke of Edinburgh
- Hospitality
- Music
- Musical
- Opti-MINDS
- Public Speaking
- Show Cattle Team

**Endorsed Activities:**
- Art Club
- Chess
- Math Team Challenge
- Mooting
- Photography
The RGS Cadets aims for students to achieve integrity, initiative, courage and leadership. Cadets participate in one field camp each term. The camp in Term 3 is the annual field exercise conducted with other cadet units around Queensland. The RGS Cadets were invited to Canberra to act as the guard for the closing ceremony at the Australian War Memorial in 2013. RGS Cadets also attend the School’s ANZAC Day Service and march in the Rockhampton ANZAC Day Parade each year. Military Cadets parade two nights a week from 5pm to 7.30pm. The training is based on infantry minor tactics. In 2015, competing against cadets from across Queensland, the RGS Cadets placed first overall at the Military Cadet Annual Field Exercise at Mount Glorious Camp Constable.
Chess

Chess is played each Wednesday morning, during the extended morning tea break at School. Students are welcome to bring their morning tea to the classroom where equipment is provided for them to play at no cost. Players of all ages and abilities are welcome. As well as playing socially, students also have the opportunity to enter inter-school and intra-school competitions. Inter-school tournaments are open to players of all ages and abilities and are conducted by Gardiner Chess. These are not ‘knock-out’ competitions. Players play in every round of a tournament, win, lose or draw. The number of teams that the School enters is limited (usually two or three teams of up to four players per team) and each event is a stand-alone tournament. All results from inter-school competitions are sent to the Queensland Junior Ratings Officer for rating. There are three inter-school competitions throughout the year. The winning team of the Term 3 tournament is invited to play in the State Championships held in Brisbane during Term 4. Students must have played in the Term 1 and/or Term 2 tournaments to be eligible to compete in the State Championships.
Dance and Musical Theatre

The Rockhampton Grammar School Dance and Musical Theatre Academy (DMTA), provides boys and girls aged from 3 years, a unique opportunity to combine academic and dancing pursuits. Girls and boys can integrate their academic studies at The Rockhampton Grammar School with their dance, vocal and speech & drama instruction, at a level of detail that is not available anywhere else in Central Queensland. The Academy is open to the whole community and accepts students who do not attend RGS as well as students who do attend the school. The Academy’s goal is for Central Queensland children to develop expertise in several genres of dance, including musical theatre. The programs on offer will enable students to go beyond the technical side of dance and give students a wider, deeper understanding of movement, with the Academy aiming to develop programs that study anatomy, dance history, composition, choreography, improvisation and performance quality.
Duke of Edinburgh

The Duke of Edinburgh Award is an international award and self-development programme for young people aged from 14–25 years. The award presents young people with a balanced, non-competitive programme of voluntary activities which encourages personal discovery and growth, self-reliance, perseverance, responsibility to themselves and service to their community. The award must be completed predominantly outside of School time. There are three levels contained within the Award Scheme – Bronze, Silver and Gold. The main sections of the award are Service, Skills, Physical Recreation and Adventurous Journey (expedition). The Gold Award, for people 16 years or older, also contains a residential component. The minimum age to start the Bronze Award is 14 years. The majority of students enrol in the programme in Year 9.
There are a variety of functions held at the School where students can volunteer to be involved in setting up for functions, serving and clearing foods and/or beverages, as well as, clearing away after a function. Students in Years 7 - 12 can be involved in hospitality. Students play a key role in the running of several formal functions throughout the School year. Among the functions throughout the year are the Year 12 Formal, RGS Race Day, Mother’s Day High Tea, Meet The Teachers and the Year 12 Valedictory Dinner. Students are required to wear long black trousers, long sleeved white shirt, covered black leather shoes, black socks and the School tie. The programme helps participants develop skills which they can use later in life or in employment.
Music Department

The Rockhampton Grammar School conducts an extensive music co-curricular programme that involves students from Prep through Year 12. It is comprised of an instrumental and vocal tuition programme involving over 130 students and thirteen visiting teachers in weekly individual lessons and a performance programme. Ensembles meet weekly under the guidance of expert staff to rehearse and prepare for performances at events like the Rockhampton Eisteddfod, the Anzac Day march, school formal assemblies, Grammarians’ Recital Series concerts, a yearly musical production at the Pilbeam Theatre, the exciting RGS Music Festival and Primary and Secondary Speech Nights. Students are encourage to participate in this important aspect of school life. The music co-curricular programme is assisted by The Rockhampton Grammar School Music Council, a parent organisation that provides vital support for the staff and students.
School Musical

The School's Primary and Secondary Schools are both involved in School musicals. The Secondary School produces an annual musical production which is performed over four performances at Rockhampton's Pilbeam Theatre. The professional productions over the years have included *The Addams Family*, *Singin' in the Rain*, *Grease* and this year they are performing *Beauty and the Beast* in August. Students have an opportunity to both perform on stage and assist the backstage crew. The Primary School produces a biennial musical production. In 2016 the Primary School will perform *The Wizard of Oz* while the Secondary School will perform *42nd Street*. These performances are also on stage at Rockhampton’s Pilbeam Theatre.
The Photography Club meets once a week after school. Students are encouraged to bring their own cameras but the club also has three photo kits (each with a DSLR camera, four lenses, a flash, a tripod and a reflector) for students to share. Students in the club enjoy interacting and learning from the teachers and from each other, and learn how to take great photos.
Art Club

The School’s Art Club aims to create a fun atmosphere where students from both Primary and Secondary School can gather after School to experience art in its many forms. A range of activities and variety of materials from clay, print making, knitting, sewing, felting, drawing and painting are all offered. The Art Club provides a range of activities dependent on student interest. Senior students organise activities in consultation with students and teachers. The Primary School Art Club, for Years 4 -6, is on Monday afternoons from 3.15pm–4.15pm and the Secondary School Art Club is on Tuesday from 3.15pm–4.15pm.
RGS is a registered Brahman stud (ABBA Member number 500), and is currently using commercial cross bred steers for its showing activities. The School is in the process of expanding its own commercial and stud operations, which started as a result of donations from the McCamley, Nobbs and Kirk families in 2005. Students joining the team will be instructed on preparing and leading show cattle (both stud cattle and led steers), as well as given information on competing in junior judging (stud and commercial beef cattle) and junior parading competitions. The Show Cattle Team trains at the RGS Port Curtis Road farm and supports local district shows throughout the year. Students can also qualify to represent the School at the EKKA in Brisbane.
Public Speaking

Public Speaking is at RGS includes both Debating and Oratory and is an activity that helps students to grow in confidence when speaking which is a very useful life skill. Participation in any of the events held in this activity will not only help students with current and future study but also allow them to voice their opinion and participate in discussions in the real world. Oratory incorporates any public speaking competitions as they arise. There are many competitions that are available to students in their years of high school that will improve their confidence in this field, for example Rostrum Voice of Youth, Lions Youth of the Year and the annual RGS Oratory Competition. Debating is more like a team sport and involves impromptu rebuttal of the opposition team's arguments as well as prepared argument and formal adherence to speaker roles. RGS competes in the local competition with many other secondary schools.

Math Team Challenge

The Math Team Challenge is held on an annual basis early in Term 3 and is run by the Queensland Association of Mathematics Teachers. Students from Years 6 to 10 are eligible to compete in 2015 and each team has five team members. Students compete in two sections. A relay section consists of 20 questions and a team section consists of 10 questions. All questions are problem solving. This is the largest academic single competition in the Capricornia region. RGS has been the most successful School in this competition over the past 15 years having won the Year 10 competition 11 out of the past 13 years.

Mooting

A moot is a legal argument based on a prescribed set of facts. Mooting is designed to teach and test a range of intellectual and practical skills, and to give you an insight into the operation of the legal system. Moots simulate as closely as possible the operation of a real court - in our circumstances, the conduct of an appellate court. Communication skills are vitally important, but an effective advocate seeks to do more than make an impressive sounding speech.
Opti-MINDS

The Opti-MINDS Challenge is an opportunity for all those with a passion for learning and problem solving to showcase their skills and talents in an exciting, vibrant and public way. Opti-MINDS provides for the demand for sophisticated, educational and motivational opportunities. Teams are required to work together on a Long Term Challenge for up to six weeks without assistance from anyone outside the team. Participants are encouraged to explore possibilities and experiment with ideas as they endeavour to produce their best possible solution. They develop creative and original ways to communicate this solution to others, working within predefined parameters such as limited materials, complex Challenge criteria and the deadlines of The Challenge Day. Teams also participate in an unseen Spontaneous Challenge on Opti-MINDS Day. This Challenge requires rapid interchange of ideas, the ability to think effectively, creatively, and well-developed group cooperation skills. Opti-MINDS is all about teamwork, fostering teamwork by acknowledging and embracing individual differences.