



The Rockhampton Grammar School

Established 1881

GUIDELINES GOVERNING CO-CURRICULAR ACTIVITIES

CO-CURRICULAR PROGRAMME

The School's Co-Curricular Programme aims to develop student skills and offer opportunities to students to participate in, and enjoy, a variety of activities. The programme caters for all levels of ability and endeavours to assist students to develop well-balanced and healthy lifestyles. Students are the focus of the Co-Curricular Programme which also offers leadership opportunities in each activity. Leadership roles assumed by students often contribute to academic success and significant personal development.

CO-CURRICULAR EXPECTATIONS

- All students are expected to participate in the School's Co-Curricular Programme.
- Students are to abide by the School's Co-Curricular Code of Conduct at all times.
- All students are expected to attend and participate in the inter-house athletics, cross country and swimming carnivals. Dress for these carnivals is sports uniform with House shirts.
- When representing the School regulation team dress is compulsory.
- Students must travel to and from events in uniform as specified by the TIC of that activity
- Once committed to an activity, students are expected to attend all scheduled sessions associated with the activity.
- Where possible, students must give at least 48 hours notice if they cannot participate in a scheduled activity.
- If a clash between scheduled School activities occurs, students should attempt to negotiate a balance of commitments with the relevant supervisors.
- Commitments School co-curricular activities should take priority over external activities. Clashes should be discussed well in advance with the relevant coach or TIC.
- Students who miss school due to illness on a particular day should not attend co-curricular activities that day.
- Students who receive an injury during a co-curricular activity must report the injury to their coach/supervisor to assess if further treatment is required.
- Students who are sent off or disciplined while representing the School will be required to meet with the TIC and coach of the activity to assess if further consequences are necessary.



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CODE OF BEHAVIOUR

This Code of Behaviour aims to set out the minimum standards for anyone involved in The Rockhampton Grammar School Co-Curricular Programme. It should apply when playing, training or taking part in school-sanctioned activities.

- Act within the rules and spirit of your sport.
- Promote fair play over winning at any cost.
- Encourage and support opportunities for people to learn appropriate behaviours and skills.
- Support opportunities for participation in all aspects of the sport.
- Show respect and courtesy to all involved with the sport.
- Respect the rights and worth of every person, regardless of their age, race, gender, ability, cultural background, sexuality or religion.
- Respect the decisions of officials, coaches and administrators.
- Wherever practical, avoid unaccompanied and unobserved one-on-one activity (when in a supervisory capacity or where a power imbalance exists) with people under the age of 18.
- Display appropriate and responsible behaviour in all interactions.
- Act with integrity and objectivity, and accept responsibility for your decisions and actions.
- Ensure your decisions and actions contribute to a safe, harassment-free environment.
- Do not tolerate abusive, bullying or threatening behaviour.

Athletes

- Give your best at all times.
- Participate for your own enjoyment and benefit.
- Play by the rules and show respect for other players, coaches and officials.

Coaches

- Place the safety and welfare of the athletes above all else.
- Help each person (athlete, official, etc.) to reach their potential. Respect the talent, developmental stage and goals of each person and encourage them with positive and constructive feedback.
- Obtain appropriate qualifications and keep up-to-date with the latest coaching practices and the principles of growth and development of young players.
- Ensure that any physical contact with another person is appropriate to the situation and necessary for the person's skill development.

Parents

- Encourage your child to participate, do their best and have fun.
- Focus on your child's effort and performance, rather than winning or losing.
- Never ridicule or yell at a child for making a mistake or losing a competition.
- Help out the coach or officials at training and games, where possible.
- Model appropriate behaviour, including respect for other players and officials.

Spectators

- Respect the effort and performances of players and officials.
- Reject the use of harassment, bullying or violence in any form, whether by other spectators, coaches, officials or athletes.



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SPECTATOR BEHAVIOUR

Our commitment

Our School is committed to providing a safe environment for participation. Aggressive, threatening or other inappropriate behaviour by members, their families, their friends, and other sporting personnel while attending a game or event will not be tolerated.

These behaviours are outlined in our Code of Behaviour and specifically include:

- using bad language
- harassing or ridiculing players, coaches, officials or other spectators
- making racist, religious, sexist or other inappropriate comments to players, coaches, officials or other spectators
- any threatening behaviour or physical altercation between spectators and players, coaches, officials or other spectators
- putting undue pressure on children, berating them or putting down their performance
- drinking at a game or training or being intoxicated at a school event.

What we will do

- Provide members, their parents and other personnel with our Code of Behaviour and make clear what is expected and the consequences of non-compliance.
- Reinforce messages of fair and respectful behaviour by displaying signs and posters around our facilities and providing information on our website, in our newsletter and through other school communication.
- Encourage the reporting of incidents and investigate inappropriate behaviours as outlined in this policy and take disciplinary or whatever other actions as are deemed necessary.

What we ask you to do

- Help create a positive atmosphere for players, officials and other spectators by showing respect for players, officials and other spectators.
- Abide by our school's Code of Behaviour and refrain from using bad language, harassing or ridiculing others or behaving in a threatening or violent manner.
- Report any inappropriate spectator behaviour to the school president or someone in a position of authority.

Non-Compliance

Parents or others found to have behaved inappropriately, and who are associate members or have agreed to abide by our school's Code of Behaviour and this policy, may face disciplinary action.