

# TRAINING TIMES

Training for the 10 and 12 Year olds will be held on a Tuesday afternoon from 3.15pm until 4.15pm for terms 3 and 4.

Training for the 6 and 8 Year Olds is conducted during school time on the Bottom Oval (see schedule below)

## 6 YEARS

RGS DRAGONS: Mrs Sarah Tregoe

Training Time: Tuesday morning tea

## RGS KNIGHTS / RGS TIGERS

Coaches: Mrs Elizabeth Donaldson, Brittney Dunnett, Xanthe Newell,

Training Time: Thursday morning tea

## 8 YEARS GIRLS

RGS STARS Coach: Mrs Linda Irwin

Training Time: Friday Morning Tea

## 8 YEARS BOYS

RGS BRONCOS Coach: Mr Jimmy Harth

Training Time: Wednesday Morning Tea

RGS WARRIORS Coach:- Mr Ray Donaldson

Training Time: Thursday Morning Tea

RGS COWBOYS Coach: Mr Lachlan Libke

Training Time: Friday 2<sup>nd</sup> Lunch

## NO TRAINING FOR THE 10 and 12 YEARS **MIXED** TEAMS

*Coaches may organise with the children to have extra training sessions initially in lunch hours only. The coaches will notify the children if this is to be the case.*

*PS – In some instances, coaches may differ to the manager on game day.*