



Friday 1<sup>st</sup> September 2017

Dear Parents & Students,

As the weather, starts to heat up its letting us all know it's time to start to head back to the polo pool!

Welcome to another season, especially to the new families joining our extended polo family. To gain the best experience we would encourage each player to make personal goals and bare these in mind when approaching trainings and games.

### **STATE CLUB CHAMPIONSHIPS:**

This year the state club championships in each age groups will be held in Brisbane in December.

U14 and U18 from the 1<sup>st</sup> to 3<sup>rd</sup> December ( Friday to Sunday)

U16 and U20 from 8<sup>th</sup> to 10<sup>th</sup> December (Friday to Sunday)

This will allow for some of our players who are wanting to and are selected, to be able to play in two championships on consecutive weekends.

Rockhampton Water Polo Association will be nominating teams across the various age groups, if we have the players that we believe will be able to hold their own, in the state champs, we will **NOT** be taking players who are not doing the necessary fitness and skills in the lead up to these champs.

### **PRESEASON TRAINING:**

I would encourage ALL players to start swimming multiple times a week especially if you haven't been yet. We have been training at Southside and will continue to do so for the rest of term.

Day	Practices are from 4.15 to 6.00pm
Monday	Bus available departs 4.00pm returns 6.20pm (\$2 per student entry into pool)
Thursday	Bus available departs 3.30pm returns 6.20pm (\$2 per student entry into pool)

Please also note that you are able to use the gym during the general time slots.

### **PRACTICE DAYS**

The following practices times will commence first week back next term:

DAYS AND TIMES		
<b>MONDAY 3.30 ONWARDS</b>	<b>INTERSCHOOL GAMES AT RGS POOL</b>	
<b>WEDNESDAY</b>	<b>Junior Boys ( Year 7-9)</b> 3.15pm to 5pm	<b>Senior Boys White Squad ( Year 10-12)</b> 4.30-6pm
	<b>Senior Boys Red Squad (Year 10-12)</b> 3.30 – 6pm	
<b>THURSDAY</b>	<b>Junior Girls( Years 7-9)</b> 3.15pm to 4.30	<b>Senior Girls ( Year 10-12)</b> 3.30pm to 5.30pm
<b>FRIDAY</b>	<b>Combined Red Squad/ Development Squad</b> 3.30- 5.30pm	

Please also note that each team is to supply players/parents to help with running the table, the game after they have played.

**DRESS: All players are to wear their RGS sports uniform to and from the pool including footwear.**

We have streamlined our registration process. You will have to register your child directly with Water Polo Queensland by way of an online system which can be found by using the link below.

If you have played before you will already be registered on their system and will have to request the username and password which will be sent to the registered email account.

<https://reg.sportingpulse.com/regofrm.cgi?formID=60486>

There will be a \$20 RGS fee payable to RGS, with the Parent Consent form as well as a fee of \$70 to Water Polo QLD which can be done while registering your child online, using the above link.

A copy of the online receipts will need to be provided to the sports department by emailing it directly to [sportsregistrar@rgs.qld.edu.au](mailto:sportsregistrar@rgs.qld.edu.au) and NOT to my school or water polo email account.

**FEE – ALL PLAYERS before you will be allowed to play (\$20 to be paid to RGS, per player)**

Payment can be made by online through the school website, using the Make a Payment icon (gold in colour) at the top of the page. Choose School Activities and Events, and on the next page from the drop down selection box Water Polo will show.

For all information relevant to water polo please refer to the school website or save the following link for easy access <http://www.rgs.qld.edu.au/water-polo>

All forms are now electronic. Please return the forms listed below electronically to the Sports Registrar [sportsregistrar@rgs.qld.edu.au](mailto:sportsregistrar@rgs.qld.edu.au) by next Friday 8<sup>th</sup> September 2017.

- Parent Consent Form Water Polo 2017/2018
- Playing in a higher age division consent form- to be completed by all juniors playing in senior teams.
- Games fees information.
- Online Registration Process.
- Rockhampton Nomination.
- RGS Swim Order (Use the sizing chart attached)

If you have any questions or concerns please contact myself or Mr Todd Wells.

Thank you,



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