**CO-CURRICULAR FACILITIES**

**Gymnasium**

Developed in 2008, the Gymnasium is fully equipped to allow students to train for their individual sporting pursuits. The School acknowledges the benefits of ensuring students have the opportunity to develop healthy lifestyle habits that will benefit both curriculum and co-curriculum outcomes. The gymnasium has areas for machine weights and free weights and a specific room for cardio workouts. Individual and team gym programs are used to ensure the safe and guided development of both boys and girls. The timetable for the Gymnasium is designed to have separate male, female and staff training times.

**Rugby League/Union Oval and Cricket Oval**

One of the most picturesque ovals in the region the field is cut into the hillside of the School and overlooks the City of Rockhampton. In summer the oval holds primary school cricket on Friday afternoons and club fixtures on Saturdays. First XI matches versus other local schools and touring teams are also played on this field throughout the year. In winter a small grandstand on one side of the field and viewing points on the cliff face looking down on the field make it an enjoyable experience for all spectators. Grammar has a rich tradition in both Rugby League and Union and has hosted many international touring teams.

**Beach Volleyball Court**

A full size beach volleyball court can be found on the top oval. Used in PE lessons and for the RGS Beach Volleyball players the facility is the only specifically designed court outside the Rockhampton Beach Volleyball Courts.

**Cricket Nets**

The Grammar Cricket program is fortunate enough to have 3 Astro-Turf Cricket Nets. Constructed in 2008, these nets are used by the Primary and Secondary school cricket teams and local representative teams.

**Multi-Purpose Netball/Tennis Courts**

Positioned down near the Primary School are 4 multipurpose netball/tennis courts that utilize the space to allow netballer and tennis players the opportunity to train and play on campus.

**50m Swimming Pool**

Opened in 1994 by Murray Rose, the olympic standard waveless pool caters for Physical Education's swimming program and the School swimming and waterpolo events. The shallow end of the pool has a large shaded cover over it to reduce the effects of the sun whilst students enjoy their PE lesson or Co-Curricular Activity.

**Duggan Hall**
Constructed in 2010, the Multi-purpose Hall is designed to cater for indoor sports such as Basketball, Netball, Futsal, Badminton, Volleyball and Table Tennis. Primarily used for Primary PE lessons this facility allows activities to be played all year round in a state of the art facility.

**School Farm**

The School’s Agricultural Program and Show Team maintain and run the School’s local farm. With cattle, alpacas and local produce the farm is an important facet for the development of farming skills and is a home away from home for the many boarding students at Grammar.

**Rowing Club**

Situated above the barrage on the Fitzroy River the Rowing Club provides a function room upstairs and a storage and canteen facility downstairs for rowing regattas. With a deck overlooking the finish line of the Olympic Standard Rowing course and a function room that can cater for 200 people, this facility is very popular among the Grammar Community.

Constructed in 2013, the RGS Rowing ERGO Centre provides an excellent off-water training facility for our rowers. Set up under the Rowing Club, the centre includes the following - 12 ergos, a weights area, a stretching/flexibility area, a classroom area. The ability for students to train on and off the water provides more opportunities for more rowers during a training week.