



The Rockhampton
Grammar School
Established 1881

RGS Co-Curriculum Structure

The following structure was introduced to the RGS Co-Curriculum programme for 2014:

Core Activities:	Endorsed Sports:
Cadets	Australian Rules
Chess	Beach Volleyball
Duke of Edinburgh	Golf
Fitness (Gym/Yoga/Zumba)	Futsal
Hospitality	Sport Aerobics
Music	Table Tennis
Musical	Triathlon
Optiminds	Tae Kwon Do
Public Speaking	
Scuba	House Sport:
Show Team (Cattle, Alpacas, Equestrian)	RGS Sports Houses – Kellow, Jardine, Wheatcroft, Wheatley
Core Sport:	Primary Sport:
Athletics	Athletics
Basketball	Australian Rules
Cricket	Basketball
Cross Country	Cross Country
Football	Cricket
Netball	Football
Rowing	Hockey
Rugby (League/Union)	Netball
Swimming	Rugby League
Tennis	Softball
Touch	Swimming
Water Polo	Tennis
	Touch
Endorsed Activities:	
Art Club	
Aviation	
Photography	
Mooting	
Math Team Challenge	
Signing Choir	